Patent Appl. No. To be assigned Filing Date: December 31, 2003

ABSTRACT OF THE INVENTION

A low-gluten communion wafer suitable for ingestion by gluten intolerant persons while complying with the requirements of the Eucharist as proscribed by the Roman Catholic Church. The wafer includes wheat starch, a pre-gelatinized wheat starch and water properly mixed and cooked to form wafers suitable for reception during Holy Communion.